

## **Behaviour & Engagement**

Hyperactivity, depression, harsh parenting linked to aggression and property delinquency among youth

OTTAWA, April 29 /CNW Telbec/ - Mental health factors, such as one's level of self-esteem or ability to handle stress, are linked to whether or not a young Canadian will display delinquent behaviour or become involved in criminal activity. According to a new study from the Canadian Institute for Health Information (CIHI), youth aged 12 to 13 who reported hyperactivity and depression were more likely to report high levels of aggressive behaviour, as well as high levels of delinquent acts involving property. In contrast, new analyses show that youth aged 12 to 15 with high levels of self-esteem, good stress management and self-motivation are more likely to report never engaging in aggressive behaviour.

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